

**EVENT DESCRIPTION SHEET***(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.)* *Please provide one sheet per event (one event = one workpackage = one lump sum).)*

| PROJECT | |
|---------------------------|---|
| Participant: | FBC |
| PIC number: | 891093896 |
| Project name and acronym: | Gender-inclusive, Long-lasting and Empowered Networks and Societies G-LENS |

| EVENT DESCRIPTION | | | |
|---|--|---------------------------------|---|
| Event number: | 2 | | |
| Event name: | Work Package 2: National Awareness Raising Workshops in Poland | | |
| Type: | Workshops | | |
| In situ/online: | in-situ | | |
| Location: | Poland, Ostrołęka Poland, Warsaw Poland, Łódź | | |
| Date(s): | 27 & 28/02/25 ; 12 & 26/02/25 ; 13 & 20/02/25 ; 17 & 25/03/25 ; 24 & 25/03/25 | | |
| Website(s) (if any): | - | | |
| Participants | | | |
| Female: | 106 | | |
| Male: | 70 | | |
| Non-binary: | 2 | | |
| From country 1 [Cyprus]: | 0 | | |
| From country 2 [Bulgaria]: | 0 | | |
| From country 3 [Poland]: | 106F, 70M, 2B | | |
| From country 4 [Romania]: | 0 | | |
| Total number of participants: | 178 | From total number of countries: | 1 |
| Description | | | |
| <i>Provide a short description of the event and its activities.</i> | | | |

The National Awareness Raising Workshops in Poland event served to raise awareness among young people and the wider public about gendered disinformation/misinformation, the causes of online harassment and the negative impact it has on individuals and the society. Through the activities of this Work Package, we were aiming to engage with the target group: young people, specifically young women, and men (16-30 years old) who are active on social media, but not explicitly interested in gender equality.

We worked with young people attending **high schools**, aged 16 to 19. We organized and conducted **two-day workshops** (several thematic sessions each day) in **5 schools in 3 cities in Poland: Ostrołęka, Warsaw and Łódź**.

During the sessions led by **5 pairs of trainers** according to a methodology developed by educational experts, **178 young participants** (106 female, 70 male and 2 non-binary) learned about different types of disinformation (including those based on gender) and the mechanisms that contribute to the spread of false or manipulated content. They reflected on the causes of disinformation, its consequences, and its impact on individuals and society. They explored tools that help identify disinformation, as well as ways to respond to it and prevent its spread. Discussions covered topics related to gender equality and gender stereotypes, highlighting how these issues manifest in everyday life, particularly in the media and digital spaces. Apart from participating in discussions, the students completed tasks, including ones aimed at verifying the truthfulness of information and analysing the causes and consequences of gender-based disinformation. Participants also received practical guidance on creating positive and credible narratives online.

As the majority of the students were underaged, they provided parents' permissions for participation in the workshops and their teachers participated in all the sessions as observers.

WP2 also included pre- and post-workshop surveys. Before the workshops, 83% of participants lacked formal training in gender equality, disinformation, and digital literacy. However, the majority were active on social media and frequently encountered gender stereotypes, fake news, and hate speech. Notably, 88% expected to gain new knowledge on gendered disinformation.

The post-workshop survey results demonstrate a significant impact on participants' knowledge, confidence, and skills. After the workshop, a definite majority of participants felt confident or very confident in identifying and addressing disinformation, responding to gender bias, and managing emotional reactions. 92% of students reported an increased awareness of gender equality issues, while 89% felt more confident after the workshop when engaging in discussions about misinformation and gender-related topics.

These findings highlight the workshop's effectiveness in equipping participants with essential digital literacy and critical thinking skills to navigate today's complex media landscape. The workshop was well received, with only 6% of the participants rating it as unsatisfactory and the majority being ready to recommend it to others.

| HISTORY OF CHANGES | | |
|--------------------|------------------|----------------------------|
| VERSION | PUBLICATION DATE | CHANGE |
| 1.0 | 01.04.2022 | Initial version (new MFF). |
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